

Jacqui Fay

NOTICE BOARD

From: Monadnock Farm and Community Coalition
<coordinator+mfccoalition.org@ccsend.com>
Sent: Monday, February 14, 2022 5:38 PM
To: Jacqui Fay
Subject: February Newsletter: Ag Policy Alerts, Winter Workshops, CSA Spring & Summer sign ups & more!



Building a Robust, Sustainable, and Equitable Local Food System

Newsletter | February | 2022



Farmer Hero:

Sarah Barkhouse of Vera Flora Farm has exquisite taste. You can gather that with one glance at her eclectic and evocative floral arrangements. Lucky for you she has decided to offer Flower CSA shares! Get yours today because, after all, love can't be confined to one day a year. [Purchase a share now.](#)

Many farm stands stay open throughout the year - always check their websites for days/times. Scroll down (Farm Stands) to see which ones will be open, offering a wide variety of food products.

SNAP/EBT Double your Purchasing Power or get 50% off Fruits and Veggies

- If you receive SNAP benefits, you can **DOUBLE your fruit and vegetable purchases** at farm stands, farmers' markets, and grocery stores! [Find out where.](#)

- Want to know if you're eligible for SNAP? **SENIORS** - did you know you might be eligible for SNAP/EBT too? Find out now.
 - Need help feeding yourself or your family? Find out where to go to get charitable food.
 - Get 50% off fruit and veggie purchases thanks to the Double Up Food Bucks program at the Monadnock Food Coop (for SNAP/EBT participants)
 - Don't feel comfortable cooking fresh food? Free, virtual cooking classes available! Find out more.
-

Spotlights of the Month:

Advocate for policy supportive of agriculture!

SB403 would re-establish the WIC Farmers' Market Nutrition Program (FMNP).

The Senate voted it through unanimously thanks to a lot of grassroots advocacy from people like you. Now, *let's get it through the House*. The program would issue coupons to WIC participants that allow them to buy unprepared, locally grown fruits, vegetables, and herbs from farmers, farmers' markets or roadside stands that have been approved by the state agency to accept the coupons. Take action today!

Local Food for Local Schools Reimbursement Bill (House Bill 1657) would use state and federal funds to reimburse school districts \$1 for every \$3 spent purchasing from New Hampshire producers for up to \$1,200 each year. The bill would inject about \$1.8 million federal dollars into New Hampshire's farm and food economy! Take action today!

The 2021 Monadnock Food Access Plan is available online. This year long food access initiative identifies 10 projects that will "move the needle" on hunger in the Monadnock Region. Find out more.

Volunteer Opportunity of the Month: Are you interested in helping build a culture of health in your community? UNH Extension invites you to apply to the Masters Wellness Volunteer program. Topics include: Disease Prevention, Nutrition, Health Equity & more. Apply today.

Available jobs: Farmers' Market of Keene is hiring a new Farmers Market Manager. Learn more and apply here. Other jobs within the NH Food System can be found here.

Farmers Markets

Chesterfield Farmers Market, Call Beni for bread! 603-363-2722
Farmers Market of Keene, Closed
Milford Farmers Market, Sat: 10am



- 1pm 16 vendors, Town Hall **Open**;
Peterborough Farmers Market,
 Wed: 3pm - 6pm (Elm St)
 Peterborough Comm Center, **Open**
Rindge Farmers & Crafters,
 Closed; TEAM Jaffrey Community
Farmers Market, Closed; Wilton
Farmers Market, Closed;
Winchester Farmers Market
 (Accepts SNAP), Sat: 9am - 1pm
 (Town Hall) **Open**

Farm Stands

Archway Farm open year round
 183 Arch St., Keene
 Pork products, beef, lamb, milk,
 condiments, Beni's Bread, Faber
 Family syrup, Terra Nova Coffee &
 more!

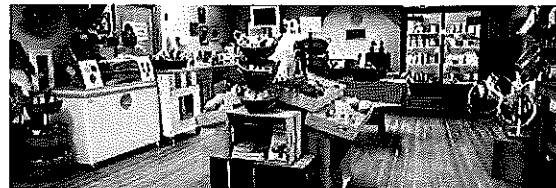
Cheshire Gardens closed for winter

Coll's Farm - open year round
 63 North St., Jaffrey
 Organic and conventional produce,
 garden center, florist.

Green Wagon Farm - closed during
 winter

Manning Hill Farm - open year
 round
 79 Old Manning Hill Rd., Winchester,
 NH
 Cow milk soaps & lotions by Holland
 Homestead, Cheshire Gardens
 preserves & mustards, Echo Farm
 puddings, beef, lamb, milk, syrup,
 honey & more!

Mayfair Farm - open year round
 31 Clymers Dr., Harrisville



Online ordering and pick up only!
Farm stand is not open to public.
Fresh prepared gourmet foods (the best quiche ever!) lamb, pork products, soups, cocktails, flowers, greens, groceries & more

Partners Garden - closed during winter

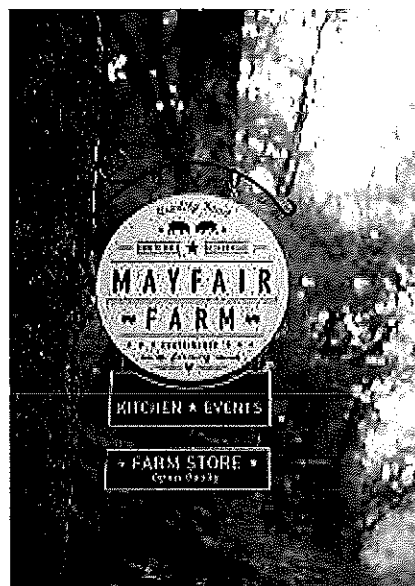
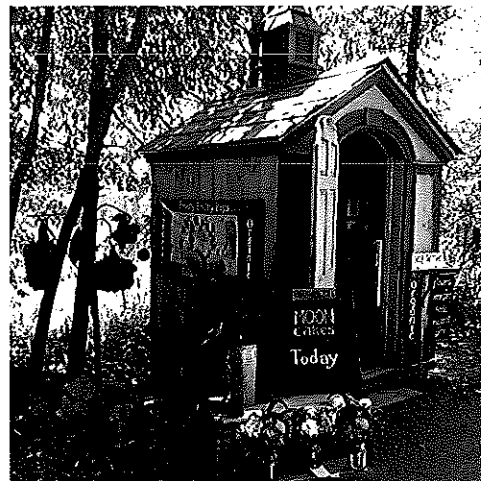
Stonewall Farm - open year round
242 Chesterfield Rd., Keene
Frozen, prepared meals, gelato, yogurt, milk, a variety of gourmet food & more. Featuring heat & serve Indian Food from Shree's Kitchen on Friday nights!

Tippin Rock Farm - closed during winter

Tracie's Community Farm - closed

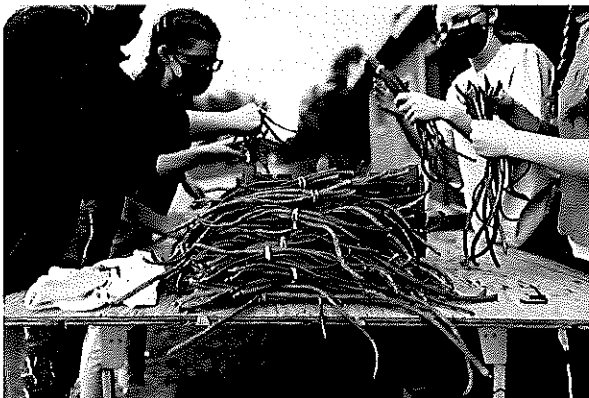
New! Walpole Valley Farms - open year round, Sat & Sun., 10am - 4pm, pick up or ship! **Give the gift of pastured raised meats!**
Pastured raised meats: chicken, pork, beef - ch wings; ham; garlic & sun dried tomato sausage, porterhouse steak & more.

Whitakers Homestead & Greenhouse
236 Forest Rd., Alstead
Closed





CSA sign ups



Spring CSAs almost full! Sign up now for Summer 1/2 & Full Shares: Abenaki Springs, Cornucopia Project Student Farm, CSA sign ups, Foggy Hill Farm, Hillside Springs CSA, Holland Farm, Hungry Bear Farm, Picadilly Farm, Stonewall Farm, Sun Moon Farm, Tracie's Community Farm, Village Roots, Pastured Meat & Greens

Harvest of the Month

Cabbage gets a bad rap! Try this delicious **Cider-Braised Apple Cabbage** recipe from NH Harvest of the Month. It will change your mind!

Yield

4-6 servings

Ingredients

2 lbs red cabbage, cored and cut into ½ inch pieces

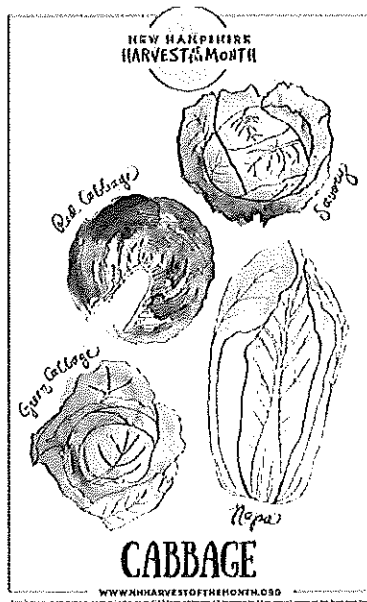
1 apple, cored and cut into ½ inch pieces

¾ cup apple cider

1 garlic clove, minced

3 Tbsp unsalted butter

½ tsp caraway seeds



1 ½ Tbsp apple cider vinegar

Directions

Melt butter in a deep skillet over medium heat. Add garlic and cook, stirring, for one minute.

Add cabbage, apple, cider, caraway seeds, and a pinch of salt and pepper. Cover and cook, stirring occasionally, until tender (15-20 minutes).

Add vinegar and cook, uncovered, for a minutes. Liquid should be evaporated. Season with salt and pepper, to taste, and serve warm.



Monthly Updates

For Children/Teens

Does your child have interest in farms or gardening?

Would they like to explore these interests this summer?

Jeffrey P Smith Farm Camp scholarships now accepting applications: Connecting Local Youth

to the Natural World. Applications due March 31.

Apply now!

Kitchen 2.0: A Virtual Cooking Series for Kids

2/21, 4:30-5:30pm

Does your child love to cook? Or do they have a curiosity and desire to help while you're in the kitchen? Then sign them up for Kitchen 2.0.

Presenter, Laura Carbonneau will share valuable cooking skills that build confidence in the kitchen while making delicious and nutritious foods. Children will learn everything from measuring and knife skills to various cooking techniques and garnishing.

RSVP

For Individuals:

Virtual Cheese at the Monadnock Food Coop

Help broaden your knowledge of our cheesemonger's favorite subject. As we taste through a variety of cheeses virtually, we will connect you to the people who make the cheese and the places they come from. Learn the basics of cheese tasting and creating a cheese plate, and if you'd like, add some of our favorite pairing options as well. **RSVP.**

Master Wellness Volunteer Program

Are you interested in helping build a culture of health in your community? Topics include: Nutrition, Disease Prevention, Health Equity & more. **Apply now.**

2022 Mushroom Sale

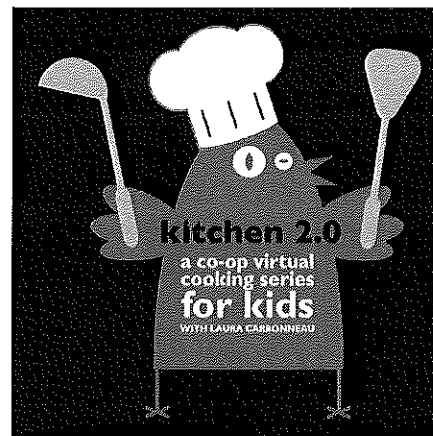

MONADNOCK LOCALVORES
Jeffrey P. Smith Farm Scholarship

- The Jeffrey P. Smith Farm Scholarship connects young people with agriculture and the natural world!
- Apply to attend summer camp, 4-H programs, or for membership to NOFA NH!
- All programs are covered in full by the scholarship unless otherwise noted.

Applications due March 31, 2022!
cheshireconservation.org
[/monadnock-localvores](http://monadnock-localvores)

2022 Participating Programs:

Stonewall Farm www.stonewallfarm.org Phone: 603-352-5577 Email: rebecca@stonewallfarm.org 242 Chesterfield Rd Keene NH 03431 Summer Camps UMass 4-H Beef Cattle Academy – June 2 days (Dates TBD) www.mass4h.org Phone: 413-545-5302 Email: ccs@umass.edu 100 Venture Way, Suite 334 Hadley, MA 01035 UMass 4-H Goat Academy – June 1 day (Date TBD) www.mass4h.org Phone: 413-545-5302 Email: ccs@umass.edu 100 Venture Way, Suite 334 Hadley, MA 01035	Day Camps at Orchard School Community Center www.theorchardschool.org Phone: 603-835-2495 or 603-499-3422 (cell) Email: Elleanor@theorchardschool.org 114 Old Settlers Road East Alstead, NH 03602 Summer Camps for youth ages 5-12. Kroka Expeditions www.kroka.org Phone: 603-835-6087 Email: lynn@kroka.org 767 Forest Rd. Marlow, NH 03456 Summer Camps ***Selling scale fee of \$620-\$1720 for a one week program. This scholarship will cover \$300 of cost. Recipient would be responsible for the remainder. Folks are welcome to apply for additional financial aid through Kroka***	Northeast Organic Farming Association of New Hampshire-NOFA NH www.nofanh.org Phone: 603-224-5022 Email: info@nofanah.org 84 Silk Farm Road Concord NH 03301 ***This is a membership and free admission to the winter conference and other NOFA events throughout the year, this is appropriate for high school students. UMass 4-H Dairy Cattle Academy – June 2 days (Dates TBD) www.mass4h.org Phone: 413-545-5302 Email: ccs@umass.edu 100 Venture Way, Suite 334 Hadley, MA 01035
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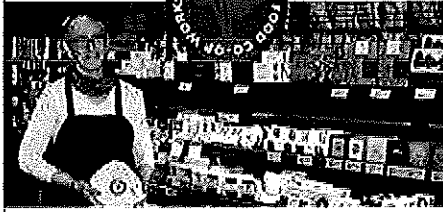
Locally produced spawns and plugs from Wichland Woods. Deadline March 14th. Wichland Woods is a unique, local myco-business located in the Monadnock Region of New Hampshire. Wichland Woods encourages people to expand their gardening realm into a mycological-friendly landscape. They educate the public on the techniques of "backyard mushrooming" and how everyday resources can be used to cultivate their own mycelia network. Place your order online.

Bring the Farm to School movement to your school!

Local Food for Local Schools Reimbursement program as a bill to the New Hampshire legislature. Implementing farm to school activities teaches healthy eating habits, improves food security, and increases engagement from students, parents, educators, and the community. Learn more.

Community Supported Solar: Help Us Ensure a Bright Future for the Monadnock Region! New Hampshire farmers face significant energy expenses. The Monadnock Region Community Supported Solar Project (CSS), **supports local farmers and ensures a bright future for our community! Donations of any amount welcomed.**

NH Master Gardener Class 2022 to take place in Hancock Master Gardeners are trained volunteers, who share their enthusiasm for gardening with the general public. By serving as volunteer educators in their community, Master Gardeners



Virtual Cheese Tasting
Saturday, Feb 19, 2:00 - 3:30pm
Registration required for this FREE virtual workshop at: monadnockfoodcoop.org

Are you interested in helping build a culture of health in your community? Unit Extension invites you to apply in the Master Wellness Volunteer program. This interactive educational and volunteer opportunity includes:

March-April 2022

Six general training sessions held on Zoom, Tuesday evenings, 6-7:15pm, with additional independent learning requirements.

April-May 2022

Specialized training and volunteer service in one of three areas: nutrition education, food pantries, building community resilience or older adults and movement.



Master Wellness Volunteers
Create Community Change & Become a Health Champion

Topics include:
nutrition
physical activity
disease prevention
health equity
public speaking skills
(and more!)

Apply Online

www.extension.nh.gov/healthwellness
or call 603-888-8237 ext. 256

Adults who want to volunteer in NH are invited to apply. Volunteers will undergo a standard background screening before admission.

Contact

Zsazsa Egle
(603) 888-8237 ext. 256
zsazsa.egle@unh.edu



The University of New Hampshire is an Equal Opportunity Institution. We are an affirmative action institution.

For persons with disabilities requiring accommodations, please contact Zsazsa Egle.

Guest registration fee will make your volunteer effort to make a difference.



2022 Mushroom Sale
Locally produced spawns and plugs from Wichland Woods



help UNH Cooperative Extension reach more people. The 12-week training is offered each spring and fall. The next class will be held on **Thursdays from March 3 – May 19, 2022** at the **Harris Center for Conservation Education in Hancock**. Apply and find out more.

Join the Monadnock Farm to School Network - private FB group

Watch the MF2S Network's teaching module: "Nuts & Bolts of Farm to School in the Classroom: Gardening, Cooking, & Field Trips".

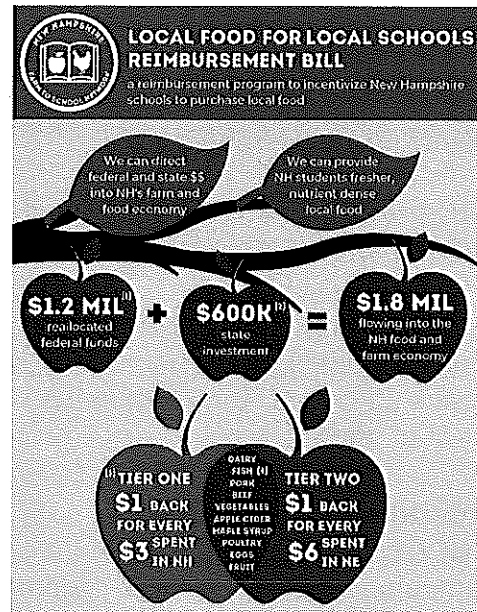
For Farmers & Producers:

Community Supported Solar for Farms! Limited number of shares remaining...

The Monadnock Region Community Supported Solar project, or CSS, brings together Farmers, Investors and Champions to use available financial models to help local farms realize the potential of the renewable energy economy.

Farmers in New Hampshire face significant energy expenses to run their businesses. This project will help to stabilize and lower costs of electricity for participating farms through the Community Supported Solar framework and in turn, increase the viability of those farms. First come, first serve. Email amanda@cheshireconservation.org

CCCD Cover Crop Sale and Equipment Workshops & more!



HELP ENSURE A BRIGHT FUTURE.

Community Supported Solar for Farms

New Hampshire farmers face significant energy expenses. By supporting our crowdfunding campaign, you can help lower the cost of solar for local farmers. This project increases the viability of farms by utilizing renewable energy, advances the sustainability of our region, and in turn, strengthens our local food system.

[CHESHIRECONSERVATION.ORG /SOLAR](http://CHESHIRECONSERVATION.ORG/SOLAR)

CCCD is excited to announce an equipment workshop in partnership with Windham County Conservation District. 3/16 in Brattleboro

CCCD will be hosting a virtual soil steamer workshop on March 21st.

CCCD is also excited to announce an equipment field day on April 19th, with a back up day of April 26th in the event of snow!

Ordering FREE SEEDS

UNH Extension and the New Hampshire Master Gardener Alumni Association are offering free seeds for educational purposes to New Hampshire nonprofit organizations serving youth.


Learn more.

NOFA-NH's Spring Bulk Order Sale - organic farming or gardening supplies! Whether you are a backyard gardener or a commercial market gardener, you will find suitable products at competitive prices through our bulk order program.


Save on organic growing supplies and support NOFA-NH at the same time. No minimum purchase required. No shipping charges.

NOFA-NH membership is NOT required to participate in the Bulk Order program, though non-members pay an extra 10%. Order today.

Apply for the NH Future Farm Fund -- do you need technical assistance to support farm business viability and succession? Financial assistance to offset costs associated with farmland conservation projects? Apply today!



Extension Master Gardeners



NEW HAMPSHIRE MASTER GARDENER PROGRAM

The program started at Washington State University in 1911. The name "Master Gardener" came from the German word "Meister" which roughly translated means "Master Gardener". The originators of the program had worked in Germany and learned that the most effective idea for horticultural problem solving was to have local experts.

The New Hampshire program started in 1991. Master Gardeners are trained volunteers who share their enthusiasm for gardening with the general public. By serving as a volunteer educator in their community, Master Gardeners help UNH Extension and Extension programs reach more people.

A Master Gardener is:

- A volunteer who is willing to work on horticultural projects that extend the reach and capabilities of UNH Extension.
- A gardener with interest, experience and knowledge of any type of gardening.
- A teacher who is eager to share gardening knowledge and experience with others.
- A student curious to learn scientifically based gardening information.

This is a volunteer program and is not for professional advancement or commercial advertising.

Some projects that Master Gardeners are involved with:

- Education Center Call Center
- Schoolyard gardens
- Master's Gardeners
- Speakers Bureau
- Writing articles for local publications
- Farmers Market and Country Club

Master Gardener Fun Facts

Approximately 410 Master Gardeners in NH.


A Master Gardener is required to do at least 10 hours per year but most do every month.

In 2019, Master Gardeners volunteered for 4,194.33 project hours and did 2,114.8 hours at the Education Center Call Center.

With that knowledge gained from the UNH Extension Master Gardener program, I have enjoyed my home gardening abilities and gained confidence in what I'm doing. This has led to the confidence with people in my community to help them. Helping with gardening has many benefits, in addition to being good for your soul. So join the County Master Gardener!

Don't Exaggerate! Education is a great experience in a world of so many choices and opportunities. So as a work in progress, I am grateful for the support and guidance from the Master Gardener program.

www.unh.edu/extension



COMMUNITY SUPPORTED SOLAR FOR FARMS

The Monadnock Region Community Supported Solar project, or CSS, brings together Farmers, Investors and Champions to use available financial models to help local farms realize the potential of the renewable energy economy.

HOW DOES IT WORK?

By purchasing a share, you will be a member of the Farmers Members Group, made up of the farmers who have also purchased a share. The participating farms will enter into a Limited Liability Company (LLC) named Community Supported Solar for Farms with an operating agreement, and will benefit from stable low cost electricity. This Farmers LLC will work together with CCCD and investors to take ownership of the array in 6 years through a buyout. The array has already been built at Sun Moon Farm of Rindge, NH.

After the buyout happens, the farmers group will own the system into the future and members will benefit from net metering based on shares owned in the system.

CHESHIRECONSERVATION.ORG/SOLAR

Farm Succession Planning webinar series – Virtual - Land For Good

February 16, 2022

11:00am – 1:00pm. [Learn more.](#)

[Register.](#)

Acquiring Your Farm training series – Virtual

February 16, 2022

6:30 – 8:00pm

[Learn more.](#) [Register.](#)



For Teachers:

Farm to School in New Hampshire

2/17, 3:30pm - 4:30pm

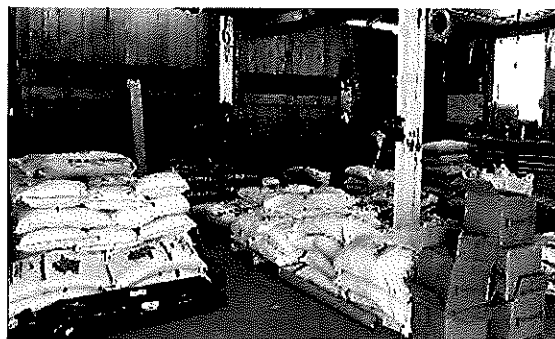
Moderated by Stacey Purslow of NH Farm to School, representatives from the Nashua, Manchester, Somersworth, and North Country will gather to provide updates, resources, and more from their respective farm to school programs. [Register here.](#)

Join the [Monadnock Farm to School Network](#) Facebook Group

Northeast Farm to School Institute

The Northeast Farm to School Institute, hosted by Vermont FEED, is a unique year-long professional learning opportunity for selected schools, districts, or early childhood teams from New England and New York. Deadline: Today, 2/14. [Apply now!](#)

Catch up on the 2022 Webinar Series with the Farm to School 101 recording! Our NH Farm to School Program Coordinator, Stacey Purslow, reviews the basics: what farm to school is, how to connect the classroom to the cafeteria, and foster



community connections through farm to school programming. [Watch it here.](#)

Growing School Food Gardens

Upcoming Webinars:

"Steam in the Garden", 3/8

"Teaching for Sustainability", 4/12

"Teaching place-based, culturally relevant, & indigenous learning, 5/10

"Funding Your Garden", 6/14

[Learn more](#)

Getting Local on All Plates!

Cooking Matters at Home: Learn to Eat Healthier on a Budget **Free online series!**

Feb 17- Kids Say Yes to Fruits & Vegetables

March 3 - Hack Your Snack

March 10 - Drink to Your Health

Registration required. Contact christine.parshall@unh.edu

The **Monadnock Region Food Access Analysis** (MRFAA) report is published. The MRFAA is a comprehensive *gaps and assets analysis in children's and families' food security programs and the state of hunger in the Monadnock Region*. Download report [here](#). View Report's "Story Maps" of hunger, [visit our website](#). Download the **2021 Monadnock Food Access Plan** -- Ten Projects in 2022 that will work to Stem Hunger in the Monadnock Region

NH FARM FUTURE FUND

NHFFF provides funding for farm viability planning in concert with the conservation of important agricultural soils.

The goal of NHFFF is to ensure that farmland is conserved, productive, and available for future generations.

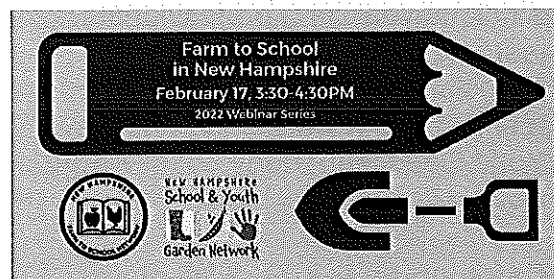
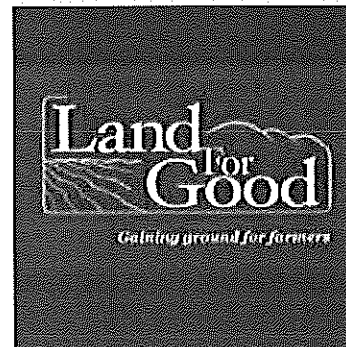
Funding is available for NH Land Trusts with farmland conservation projects. NHFFF funds:

- Financial assistance to offset costs associated with farmland conservation projects
- Technical assistance to support farm business viability and succession planning

**APPLICATIONS DUE
FEBRUARY 15, 2022**

FOR MORE INFORMATION:

**[cheshireconservation.org](http://cheshireconservation.org/nhfarmfuturefund)
[/nhfarmfuturefund](http://nhfarmfuturefund)**



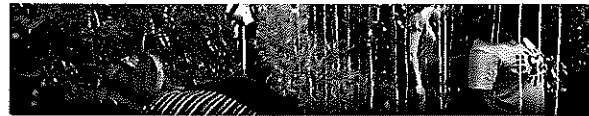
Granite State Market Match (GSMM)
helps SNAP customers DOUBLE
vegetable and fruit purchases!
 Shop with your SNAP/EBT at the
 following locations to double your
 dollars!

[Learn more about GSMM](#)

Charitable Food

Newest information on locations and
 delivery times for **charitable food** can
 be found at: [Food & Gardens for a](#)
[Resilient Monadnock website.](#)

**FOOD & GARDENS FOR A
 RESILIENT MONADNOCK**



**Monadnock Farm to School
 Network**

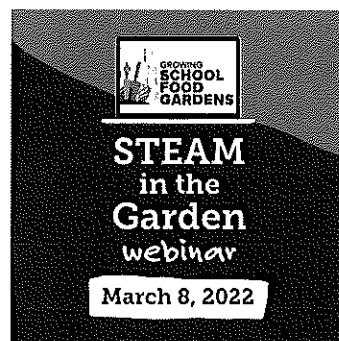
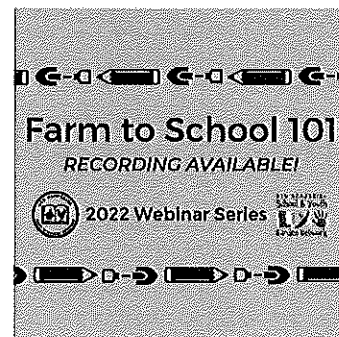
0 Pub's group · 28 members

Joined Invite



Northeast Farm to School Institute

Applications for the 2022-23 Northeast Farm to School Institute are now open!





Learn to eat healthier on a budget!

Cooking Matters at Home

Thursdays on Zoom

Evenings: 6-7:00pm

FREE online workshop series!

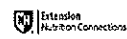
Register here: <https://bit.ly/CMFEB22> or contact Christine for more information.
Email: christine@northwest.org Call or text: 603-331-4793

In this four-week interactive series we will cover...

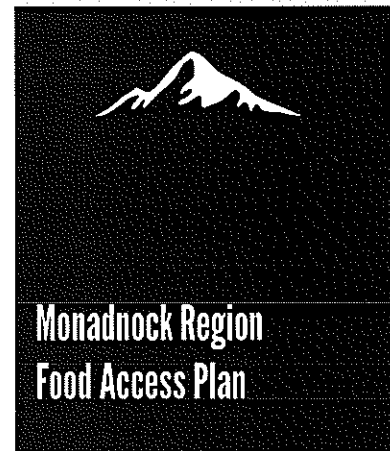
- Feb 10 – The Family Kitchen
- Feb 17 – Yolk Say Yes to Fruits and Vegetables
- March 3 – Hack Your Truck
- March 10 – Drink to Your Health

(There is no class on Feb. 21 due to school vacation week.)

For persons with disabilities requiring special accommodations, please contact Christine at 603-331-4793 or email christine@northwest.org as prior accommodations may be given to the request. Language assistance is available at no cost.



The state of New Hampshire has a long history of supporting local agriculture. NH is a member of the National Organic Program (NOP) and the National Organic Marketing Program (NOMP). The state also supports the local food system through the New Hampshire Local Food System Program. The state also supports the local food system through the New Hampshire Local Food System Program. The state also supports the local food system through the New Hampshire Local Food System Program.



Monadnock Region Food Access Plan



You SNAP, We MATCH!

**\$1-for-\$1 match at these locations
when you shop with SNAP/EST!**

Pete's Super Market
Open Mon-Sun
8am-6pm
No 12 and 13pm

50% CSA shares with SNAP
Barnstable, MA

Open Saturdays
8am-1pm
March 16 and 23

PICABILITY
50% CSA shares with SNAP
Barnstable, MA

Open Saturdays
8am-1pm
March 16 and 23

50% CSA shares with SNAP
Barnstable, MA

STONE WALL
Mon-Tues 10am-4pm
Wed-Sun 10am-6pm
Closed Feb 16 in honor

Sat 8am-1pm
Tues 10am-1pm
GEOLOGY

Open Fridays
1pm-6pm
March 16 and 23

We want to help you stretch your SNAP!
Visit any or all of these locations and we'll double your SNAP dollar!
www.chesapeakeconservation.org/grants-store-market-match

How do we build a viable food system assuring food security for future generations?

By bringing our members together regularly in work groups and quarterly forums.

2022 Forums

Monadnock Earth Day Film Festival - April 2022

Monadnock Farm to School Network - Spring 2022

2022 NH Agricultural Policy forum - November 2022



Monadnock Region Food Access forum - Increasing access to local food for all Monadnock residents - TBA

Events

NH Food Alliance Statewide Gathering
May 13, 2022 - Mark your calendars!

New Hampshire Environ Thon: An Exciting Opportunity for Middle and High School students!

There is still time and space for new high school and middle school teams to join Envirothon!

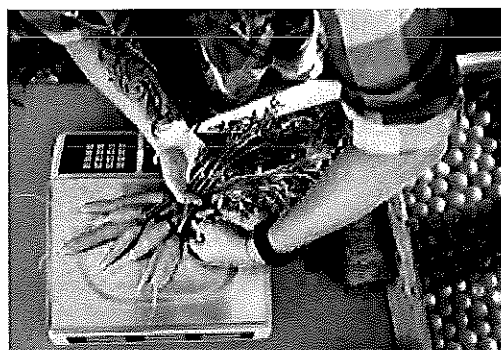
Each year, students compete in five Natural Resource areas: Wildlife, Forestry, Aquatic Ecology, Soils and Land Use, and a Current Issue. The 2021-22 current issue is Waste to Resources and it's a stand-alone research topic as well as entwined into



each topic. The top team advances to represent NH at the North American competition.

Learn practical natural resource skills. Work outdoors. Enjoy nature. Learn from Natural Resource Professionals.

Contact the NH Envirothon Program Coordinator,
Margie: admin@nhenvirothon.org with questions.



Communications

MFCC's Food & Gardens for a Resilient Monadnock website

**FOOD & GARDENS FOR A
RESILIENT MONADNOCK**

**Are your seed pots in hand?
Seeds purchased? Our new website, provides EVERYTHING
you might need to know!**

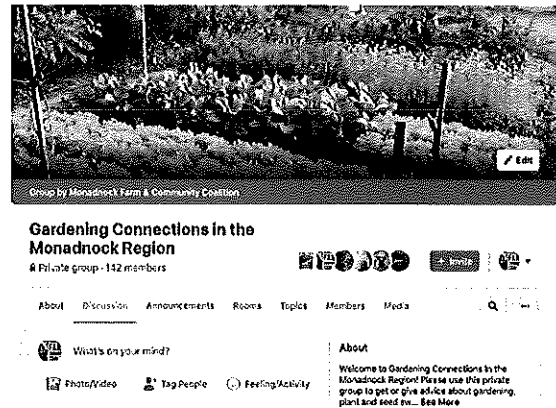
- **Get the Stuff** you need to plant a garden -- Seeds, raised bed kits, community garden plots, discounts on garden supplies, tools & more!
- **Learn the Things** -- Links to UNH Extension Master Gardeners, Soil Testing, Planning a Family Garden, Companion Planting, Guides to Building Raised Beds, Indoor



Gardening, Composting & more!

- **Educational Resources** -- online gardening networks around the region & state, recommended books, blogs, local experts & more!
- **Other** -- Care & Maintenance, Storing & Preserving, Putting Garden to Bed & more!

Join our private Facebook group, "Gardening Connections in the Monadnock Region" -- members connect with local experts and each other about lessons learned, ideas, tools, & more!



Did you know if everyone spent \$5 a week on local food, we would add \$338 million to New Hampshire's economy? Join the \$5/wk movement!

Other GREAT PLACES to buy local!

CC&D'S Kitchen

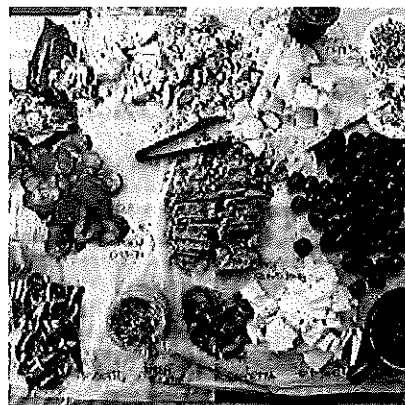
79 North Street, Keene

Tues - Thurs 11am - 6pm

Thursday - Full BBQ menu

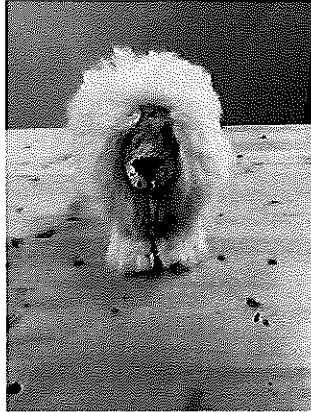
VOTED BEST BBQ IN AREA!

Sandwiches, soups, desserts, catering & more!



Crescendo Acres

21 Carpenter Rd., Surry, NH
5.9 mi north on 12A from Court
St./Maple roundabout



Crescendo Acres Farm

BUY LOCAL!

**LOTS OF ALPACA
SOCKS & CLOTHING
FOR MEN AND WOMEN**
Scarves • Shawls
Hats & Mittens • Jackets
Sweaters • Vests
Stuffed Animals • Gift Baskets
Holiday Craft Items & More
SHIPPING AVAILABLE

COVID COMPLIANT

Our Own Maple Syrup
Mustards • Honey Products
Beeswax Candles • Byers' Choice
**Fresh Cut or Cut Your Own
CHRISTMAS TREES • 4' & UP**
Tree sales start Nov 27th
Open 7 Days 11-5 until Christmas
21 Carpenter Rd., Surry, NH
5.9 mi. north on 12A from
Court St./Maple Ave. Roundabout
603.352.9380
www.crescendoacres.com

Hannah Grimes Marketplace

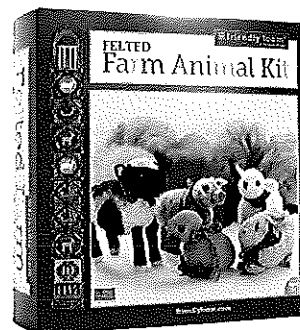
42 Main Street, Keene
Over 250 local artisans! Gift baskets,
gourmet food, glassware,
ornaments, skin products, syrup,
honey, cheese, crafts, toys, puzzles,
& more!



The Local Crowd Monadnock

Local products online! Gift
certificates for massage & yoga,
original paintings, candles,
ornaments, fiber arts, toys, & more!

Featured photo: Harrisville Design
Felted Farm Animal Kit!



**PLEASE SUPPORT YOUR MONADNOCK
LOCAL FOOD SYSTEM**

ASSURING FOOD SECURITY FOR FUTURE GENERATIONS!

I Support the Coalition!

The Monadnock Farm and Community Coalition is a coalition of 140+ member organizations and individual members who come together regularly to build a robust, sustainable, and equitable local food system in the Monadnock Region of Southwestern NH.

**Monadnock Farm & Community
Coalition | 802.275.4191**
www.mfcommunitycoalition.org



Monadnock Farm and Community Coalition | 11 Industrial Park Drive, Walpole, NH 03608 802.275.4191

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